

GLEN ROCK HIGH & MIDDLE SCHOOL – MARCH 2026



AVAILABLE DAILY

<p>Monday 2</p>	<p>Potato & Cheese Pierogi with Kielbasa & Sauerkraut</p>	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Sandwiches</p> 
<p>Tuesday 3</p>	<p>Chicken & Broccoli Pasta Alfredo with Garlic Bread</p>	<p>Pizzeria Pizza</p> 
<p>Wednesday 4</p>	<p>Feijoada (Brazilian Bean Stew w/Turkey)</p>	<p>AMERICAN GRILLE</p> <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas</p>
<p>Thursday 5</p>	<p>Assorted Pizzeria Pizza Waffles w/ a side Local Blueberry Parfait</p>	<p>Mozzarella-Stuffed Sticks with Marinara Sauce</p> <p>Pasta with Meatballs & Marinara Sauce</p> 
<p>Friday 6</p>	<p>Chicken Cordon Bleu on a Brioche Bun w/ Local Corn & Edamame Salad</p>	<p>FRESH FARMSTAND</p> <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p>

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand & a Choice of Milk.
All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com.
Menu Subject to Change.

FOOD ALLERGIES

Allergy-Aware menus are available for students with food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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<p>Monday 9</p>	<p>Buffalo Chicken Grilled Cheese Sandwich on Texas Toast with Sweet Potato Fries</p>	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Sandwiches</p>  <p>Pizzeria Pizza</p> <p>PIZZA ZONE</p> <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce</p> <p>Pasta with Meatballs & Marinara Sauce</p> <p><i>Daily Dish</i></p> <p>FRESH FARMSTAND</p> <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p>
<p>Tuesday 10</p>	<p>Chicken Noodle Soup with a Buttermilk Biscuit</p>	
<p>Wednesday 11</p>	<p>Beef Kofta with Herbed Quinoa & Brown Rice</p>	
<p>Thursday 12</p>	<p>Nashville Hot Breaded Chicken on a Bun w/ Waffle Fries</p>	
<p>Friday 13</p>	<p>Bone-In Chicken with Cheesy Mashed Potatoes</p>	

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<p>Monday 16</p>	<p>Homemade Macaroni & Cheese OR Homemade Buffalo Macaroni & Cheese served with Garlic Bread</p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p><i>Deli Central</i></p> <p>AMERICAN GRILLE</p> <p>FRESH FARMSTAND</p> </div> <div style="width: 40%; text-align: center;"> <p>Assorted Grab & Go Sandwiches</p>  <p>Pizzeria Pizza</p> <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce</p> <p>Pasta with Meatballs & Marinara Sauce</p> <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p> </div> <div style="width: 25%; text-align: right;"> <p>PIZZA ZONE</p> <p><i>Daily Dish</i></p> </div> </div>
<p>Tuesday 17</p>	<p>Corned Beef w/ Cabbage, Carrots, Potatoes & Dinner Roll</p>	
<p>Wednesday 18</p>	<p>Garnaches</p>	
<p>Thursday 19</p>	<p>Burger Bar – 100% Beef Burger OR Impossible Burger on a Bun with Choice of Assorted Toppings served with Chips</p>	
<p>Friday 20</p>	<p>Stuffed Sandwich with Pizza Crunchers, Boneless Chicken Wings & French Fries served with Chips</p>	

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Monday 23	Personal Pizza	 <p>Assorted Grab & Go Sandwiches</p> 
Tuesday 24	Chicken Parmesan on a Kaiser Roll with a side of Pasta	<p>Pizzeria Pizza</p> 
Wednesday 25	Hungarian Goulash (Beef Goulash over Egg Noodles)	 <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce</p>
Thursday 26	Organic Homemade Mac & Cheese w/ Crunchy Topping	<p>Pasta with Meatballs & Marinara Sauce</p> 
Friday 27	Chili Cheese Hot Dog w/ Chips	 <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p>

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